



## tiag® and CoachMePlus Expand Innovative Human Performance Technology for U.S. Navy

*Warrior Performance Platform Improves Sailor Well-Being  
Through Nutrition, Fitness and Human Performance at Sea and Ashore*

**RESTON, Va., September 13, 2018** – Designed to enhance the performance and well-being of U.S. Navy sailors, the innovative Warrior Performance Platform (WP2™) is being further expanded after successful completion of the initial research-focused effort. **tiag®** — an innovative technology services firm and systems integrator esteemed for unique approaches, synergistic processes and transformational solutions — teamed with **CoachMePlus** to develop WP2 for the Department of Defense (DoD) community. In this **second phase of the program**, the partner companies are prototyping WP2 as an interactive, human performance kiosk and mobile application system that tracks and promotes sailor nutrition, physical activity and wellness at sea and ashore.

Supporting U.S. Naval Supply Systems Command (NAVSUP) and Small Business Innovation Research (SBIR), WP2 provides the military with cutting-edge, sports science research software to track and safeguard a warrior's health and performance. Integrating personal electronic devices and wireless wearables, WP2 features an interactive, self-service kiosk that displays data for nutrition, wellness, physical activity and performance metrics. Each sailor has access to an individual portal designed to personalize nutrition, training, recovery and wellness programs that maximize recovery and resilience. The technology synchronizes with the DoD Go for Green® (G4G) joint service performance-nutrition initiative, USDA MyPlate nutrition guide, Navy Operational Fitness and Fueling System, among other Navy programs and nutritional information databases. The WP2 platform also includes a training inventory that complies with the National Strength and Conditioning Association.

“We are honored to support the Navy’s focus on sailor well-being and its investments in human performance-related technologies designed to improve force readiness,” says **Dan McCarron**, tiag’s Vice President of Operations and National Security. “This real-time sharing of information will help the Navy turn valuable data into actionable insights.”

McCarron notes that real-time monitoring of those serving aboard Navy ships around the world requires an intuitive platform, fully compliant with the latest cybersecurity protocols and military grade encryption. Bringing expertise aligned with the purpose-built, state-of-the-art human performance technology required for the WP2 platform, tiag was recently awarded as prime contractor for Information Management / Information Technology (IM/IT) support of the **ArmyFit program** that accelerates force readiness and resilience for U.S. Army soldiers. In addition to supporting the Navy, CoachMePlus clients range from other branches of the military and championship professional teams, to NCAA Division 1 programs, leading private training facilities and the performing arts. CoachMePlus clients range from other branches of the military to champion professional teams, NCAA Division 1 college programs, preeminent private training facilities and the performing arts.

For greater insights about tiag’s innovative technology solutions for military and Federal communities, please contact [dmccarron@tiag.net](mailto:dmccarron@tiag.net).

### **About Warrior Performance Platform (WP2™)**

Leveraging more than 60 wireless, wearable technologies that monitor key indicators of a warrior’s health, ability, performance and readiness, WP2 is powered by applied science and next generation human performance analytics, and includes an enterprise application and team access point. WP2 fuses tiag’s demonstrated expertise in data analytics, telemedicine and cutting-edge health IT solutions with decades of lessons learned within military communities and professional sports arenas. Advancing proactive performance management from training through deployment, WP2 integrates the CoachMePlus performance-optimization solution used by major teams across the NFL, NHL, MLB, NBA, NCAA, MLS, CFL and military.

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**About tiag®**

Headquartered in the Washington, D.C. area with regional offices in Seattle, Wash. and Huntsville, Ala., tiag® is an innovative technology services firm and systems integrator esteemed for unique approaches, synergistic processes and superior solutions that transform business and advance critical missions. Providing a full range of professional IT services and solutions to defense, civilian and commercial customers, tiag is ISO 9001:2015 certified and appraised at Maturity Level 3 of the Capability Maturity Model® Integration (CMMI) for Services. tiag takes pride in its people, processes and successes in supporting our public and private sector clients. Our extensive services portfolio delivers focused expertise and support ranging from complex, enterprise-wide solutions to stand-alone custom projects. Please explore our service offerings at [tiag.net](http://tiag.net) and connect with us to discover how we provide tremendous value beyond the scope of work.

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